

[EarthCam TV](#), available on both Apple TV and Amazon Fire TV.

Download: EarthCam for [iOS](#) | [Android](#) (Free, premium version available)

2. [Worldcams](#)

Worldcams has a similar aim and approach to EarthCam, and although it's smaller in scale, it has plenty of incredible natural sights to provide inspiration and relaxation.

The Worldcams website has a useful search function, allowing you to browse for your favorite views among categories such as animals, birds, aquariums, and mountains. Many of the links take you to YouTube channels or webcams operated by independent sources.

Try these to start your journey:

Old Faithful Geyser in Yellowstone National Park ([Worldcam](#))

Copacabana Beach, Rio De Janeiro ([Worldcam](#))

Zell am See, Austrian Alps. ([Worldcam](#))

3. [Explore](#)

Explore, which describes itself as the world's largest live nature network, provides an extensive online resource with an ever-growing catalog of films and nature photography from around the globe.

The Explore website is easy to access and explore. Live cams, organized by category, capture animals and birds in sanctuaries and shelters across the world.

If you feel anxious, try visiting [Explore's Zen Cams](#) to immerse yourself in the hummingbird nests or the beautiful tropical fish. A spa-like atmosphere is created with breathing prompts and a calming soundscape to accompany your experience in this area.

If you enjoy the Zen Cams, there are many other useful [websites for calming an anxious mind](#) to check out.

4. [AirPano](#)

This ambitious project offers 360-degree films and photographs from all over the world, and AirPano's scale of vision is immediately evident on its website.

Here are some amazing sights for you to start with:

The northern lights in Iceland ([AirPano](#))

A trip through Antarctica to see the penguins ([AirPano](#))

A flight over Australia's Great Barrier Reef ([AirPano](#))

AirPano is perfect for a short, immersive trip to the spectacular sights of our planet, and it may even provide a spark of inspiration for your own future travels.

There is an app available for iOS, but since its premium version is expensive and reviews are mixed, you are probably better off making use of the free website streams.

Download: AirPano for [iOS](#) (Free, premium version available)

5. [Portal](#)

Portal is an app that promises immersive escapes to over fifty of the world's most peaceful locations. You can enjoy the spectacular views and their accompanying soundscapes, which are delivered in spatial audio and best enjoyed through headphones.

The Portal app helps to make your escape even more relaxing by providing breathing exercises as well as focus and sleep timers. You can work or meditate amid the woodlands of Slovenia, in the Amazon rainforest, or while floating over the waves of Hawaii.

Portal promises to transform the way you work, rest, and sleep. Try the free version to see whether this app is for you.

Download: Portal for [iOS](#) (Free, subscription available)

6. [Google Earth](#)

No virtual world tour would be complete without the mighty Google Earth. If there is something in nature you've dreamed of seeing, you can use the vast resources here to fly over and virtually zoom into almost every spectacular sight on the planet.

You could try a virtual tour through worldwide botanical gardens and arboretums ([Google Earth](#)).

Why not lose yourself in the majesty of one of the world's great mountain ranges:

The Himalayas ([Google Earth](#))

Mount Fuji in Japan ([Google Earth](#))

El Capitan, Yosemite ([Google Earth](#))

Alternatively, use a [Google Earth Tour Guide](#) to give you even more ideas.

You don't even need to download an app—here's [how to use Google Earth](#) in your browser.

Travel the World and Experience the Healing Benefits of Nature

While there is no substitute for traveling in real life to experience as many of Earth's wonders as possible, these apps and websites provide an excellent companion to ensure that wherever you are in the world, you are never far from nature's healing sounds and sights. Use them to help you feel calm and relaxed, or let nature's soundtrack enable you to concentrate or fall asleep more easily.

There are also many calming nature-based YouTube channels you can explore to help you relax and unwind.